

SONY

Wireless Noise Canceling Stereo Headset

Do not install the appliance in a confined space, such as a bookcase or built-in cabinet.

Do not expose the batteries (battery pack or batteries installed) to excessive heat such as sunshine, fire or the like for a long time.

Do not subject the batteries to extreme low temperature conditions that may result in overheating and thermal runaway. Do not dismantle, open or shred secondary cells or batteries. Do not expose cells or batteries to heat or fire. Avoid storage in direct sunlight.

In the event of a cell leaking, do not allow the liquid to come in contact with the skin or eyes and wash with copious amounts of water with soap. Secondary cells and batteries need to be charged before use. Always refer to the manufacturer's instructions or equipment manual for proper charging instructions.

After extended periods of storage, it may be necessary to charge and discharge the cells or batteries several times to obtain maximum performance.

Dispose of properly.

This equipment has been tested and found to comply with the limits set in the EMC regulation using a connection cable shorter than 3 meters.

Do not use, store, or leave in a place subject to high amounts of humidity, dust, smoke, or steam, or in a place subject to high temperatures such as near a fire, a location subject to direct sunlight, in a car, etc.

High volume may affect your hearing.

Do not use the unit while walking, driving or cycling. Doing so may cause traffic accidents.

Do not use at a dangerous place unless the surrounding sound can be heard.

The unit is not waterproof. If water or foreign objects enter the unit, it may result in fire or electric shock. If water or a foreign object enters the unit, stop use immediately and consult your nearest Sony dealer. In particular, be careful in the following cases.

- When using the unit around a sink etc.
- Be careful that the unit does not fall into a sink or container filled with water.
- When using the unit in the rain or snow, or in humid locations
- When using the unit with a wet face, or a wet neck.
- If you touch the unit with wet hands, or put the unit in the pocket of a damp article of clothing, the unit may get wet.

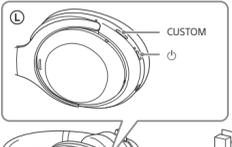
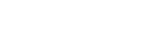
For details on the effect of contact to the human body from the mobile phone or other wireless devices connected to the unit, refer to the instruction manual of the wireless device.

Never insert the USB plug when the main unit or charging cable is wet. If the USB plug is inserted while the main unit or charging cable is wet, short circuit may occur due to the liquid (tap water, seawater, soft drink, etc.) attached to the main unit or charging cable or due to foreign matter, and cause abnormal heat generation or malfunction.

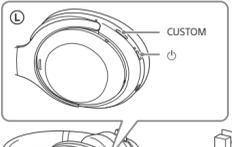
This product (including accessories) has magnet's (s) which may interfere with pacemakers, programmable shut valves for hydrocephalus treatment, or other medical devices. Do not place this product close to persons who use such medical devices. Consult your doctor before using this product if you use any such medical device.

Note on static electricity
Static electricity accumulated in the body may cause mild tingling in your ears. To reduce the effect, wear clothes made from natural materials, which suppress the generation of static electricity.

Complies with IEC60335 Standards DB0353	
https://rfd1.sony.net/help/mdr/wh1000xm4/h_zh/?	
	
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WH-1000XM4

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- The situation may be improved by setting the sound quality mode to "priority on stable connection". For details, refer to the Help Guide.
- The situation may be improved by changing the wireless playback quality settings or fixing the wireless playback mode to SBC on the transmitting device. For details, refer to the operating instructions supplied with the transmitting device.
- When listening to music from a smartphone, the situation may be improved by closing unnecessary apps or restarting the smartphone.

On the use of calling apps for smartphones and computers

This unit supports normal incoming calls only. Calling apps for smartphones and computers are not supported.

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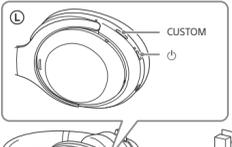
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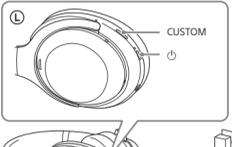
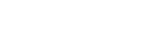
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- This product emits radio waves when used in wireless mode. When used in wireless mode on an airplane, follow flight crew directions regarding permissible use of products in wireless mode.
- The unit supports safety functions that comply with the Bluetooth standard as a means of ensuring security during communication using Bluetooth wireless technology. However, depending on the configured settings and other factors, this security may not be sufficient. Be careful when communicating using Bluetooth wireless technology.
- Sony shall assume no responsibility for any anomalies or loss resulting from information leaks that occur when using Bluetooth communications.
- Connection with all Bluetooth devices cannot be guaranteed.
- Bluetooth devices connected with the unit may comply with the Bluetooth standard prescribed by Bluetooth SIG, Inc., and must be certified as compliant.
- Even when a connected device complies with the Bluetooth standard, there may be cases where the characteristics or specifications of the Bluetooth device make it unable to connect, or result in different control methods, display, or operation.
- When using the unit to perform video and free talking on the phone, noise may occur depending on the connected device or the communication environment.
- Depending on the device to be connected, it may require some time to start communications.

If sound skips frequently during playback

- The situation may be improved by setting the sound quality mode to "priority on stable connection". For details, refer to the Help Guide.
- The situation may be improved by changing the wireless playback quality settings or fixing the wireless playback mode to SBC on the transmitting device. For details, refer to the operating instructions supplied with the transmitting device.
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On charging the unit

- This unit can be charged using USB only. A computer with a USB port or a USB-C adaptor is required for charging.
- Be sure to use the supplied USB Type-C cable.
- When charging, the unit cannot be turned on and the Bluetooth and noise canceling functions cannot be used.
- If the unit is not used for a long time, the rechargeable battery may not be depleted quickly. The battery will be able to hold a proper charge after it is discharged and recharged several times. When storing the unit for a long time, charge the battery once every six months to prevent over-discharge.
- If the rechargeable battery becomes depleted extremely quickly, it should be replaced with a new one. Please contact your nearest Sony dealer for a battery replacement.

If the unit does not operate properly

- Follow the procedure below to reset the unit (Fig. 8).
- Press the and buttons simultaneously while the unit is charging. The unit is reset. When unit is reset, the pairing information in the unit is not deleted.
- If the problem persists even after the unit is reset, perform the procedure below to initialize the unit.
 - Disconnect the USB Type-C cable and turn off the unit. Press and hold the and buttons simultaneously for at least 7 seconds. The indicator (blue) flashes 4 times, the unit is initialized, and the unit is reset to the factory settings. When the unit is initialized, all pairing information is deleted.
 - After the unit is initialized, it may not connect to your iPhone or computer. If this happens, delete the pairing information of the unit from the iPhone or computer, and then pair them again.
- On the noise canceling function**
 - The noise canceling function senses external ambient noise (such as the noise inside a vehicle or the sound of air conditioning inside a room) with built-in microphones, and produces an equal-but-opposite sound that cancels out the ambient noise.
 - The noise canceling effect may not be pronounced in a very quiet environment, or some noise may be heard.
 - The noise canceling function works for noise in the low frequency band primarily. Although noise is reduced, it is not canceled completely.
 - When you use the unit in a train or a car, noise may occur depending on street conditions.
 - Mobile phones may cause interference and noise. Should this occur, locate the unit further away from the mobile phone.
 - Depending on how you wear the unit, the noise canceling effect may vary or a beeping sound (howling) may occur. If this happens, take the unit and adjust it to be used properly.
 - Do not cover the microphone of the unit with your hands or other objects. Doing so may prevent the noise canceling function or the Ambient Sound Mode from working properly, or may cause a beeping sound (howling) to occur. If this happens, take your hands or other object off of the microphones of the unit (Fig. 6).

Notes on wearing the unit

- Because the headphones achieve a tight seal over the ears, forcibly pressing them against your ears or quickly pulling them off can result in eardrum damage. When wearing the headphones, the speaker diaphragm may produce a click sound. This is not a malfunction.

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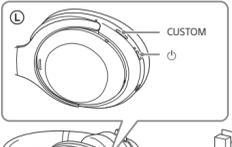
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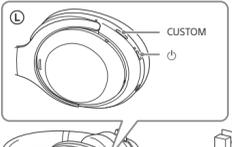
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- Replacement parts: earpads. Please consult your nearest Sony dealer for information about replacement parts.

Specifications

Headset

Power source: DC 3.7 V; Built-in lithium-ion rechargeable battery

Operating temperature: 0 °C to 40 °C

Rated power consumption: 8 W

Usage hours:

Charging time: Approx. 3 hours

Mass: Approx. 254 g

Impedance:

Sensitivity:

Frequency response:

Included items:

Communication specification

Communication system:

Output:

Maximum communication range:

Frequency band:

Compatible Bluetooth profiles:

Frequency band:

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Frequency band:

Compatible Bluetooth profiles:

Supported Codec:

Transmission range (A2DP):

Actual range:

Bluetooth standard profiles indicate the purpose of Bluetooth communications between devices.

Codec: Audio signal compression and conversion format

Design and specifications are subject to change without notice.

System requirements for battery charge using USB

USB AC adaptor

A commercially available USB AC adaptor capable of supplying an output current of 1.5 A or more

Compatible iPhone/iPod models

iPhone XS Max, iPhone XS, iPhone XR, iPhone X, iPhone 8 Plus, iPhone 8, iPhone 7 Plus, iPhone 7, iPhone SE, iPhone 6s Plus, iPhone 6s, iPhone 6 Plus, iPhone 6, iPhone 5s, iPod touch (6th generation) (As of March 2020)

Like a mobile phone operation

Use of the M-Track for Apple beacons means that an accessory has been designed to connect specifically to the Apple product(s) identified in the badge, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards.

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